

Visit to SACRED CBR Program by SBB Team, Switzerland

(Dr. Christoph, Patrizia Sonderer, Sandra moesli, & Deborah Brogle)

Team of professionals from Switzerland confirmed their visit to SACRED CBR program **from 7th October to 17th October 2025**. This visit could be very comprehensive and more exchange techniques, therapies, education and health awareness.

Purpose: - Training and Learning Techniques in the areas of Orthopaedic workshop, Physiotherapy, Management and Rehabilitation Measures.

7th October 2025:

4 members team arrived from Bangalore airport to Kurnool by evening , accommodation arranged in Mourya inn hospital, Kurnool city.

8th October :

Mr. Thippanna, Director, welcomed 4 members Team from Switzerland to the SACRED Ortho workshop, jagadurthi village for the first time and looked at all the work shop establishment of New Ortho workshop well equipped with machinery and required material. They expressed this will be main workshop for Kurnool district. Further we discussed detailed field visit program schedule from 8th to 17th October. Dr. Christoph suggested to divide into two teams and followed the schedule. 4 mandals Staff and Team discussed and planned their detailed village wise visits for 9 days accordingly.

After lunch the Team visited Veludurthi Mandal, Narasapuram Village to learn the program s of SACRED CBR such as livelyhood activity, pot making, tailoring skills and two children undergone surgery, provided Mobility Aids asked the parents how SACRED helped to access these programs. The parents expressed SACRED staff guided us to go for the surgery and receive the Aids and Appliances from Orthothesis prothesis workshop, Thuggali .

9th October:

Group 1: Sandra, Ortho technician & Patrizia, physiotherapist visited family of disabled children parents in two villages (Chityala & Ramarlakota) observed the children's some advises and required adaptations explained to the Parents and Staff for further improvement in future.

Group 2: Dr. Christoph & Deborah visited 2 villages (Devarabanda & Laxmipalli) to visit the 2 spinal cord injury patients Mrs Ramanjinamma who is suffering

multiple pressure sore and Mr.Sumant, Spinal cord injury total body no sensitization, Team discussed what kind of measures to be taken and asked the carer about present situation and management provided waterbed broken at home, monthly once going to hospital for the treatment but there is no improvement. Dr. Christoph & Deborah discussed what kind of treatment to be provided to them, they need to think and plan.

In the afternoon they visited Community Care Centre run by the SACRED volunteer, parents expressed because of centre, we are able to go for work and get employment. Parents impressed about caring children at the centre, providing therapy, playing games etc.

10th October:

Group 1: Sandra & Patrizia continued working at new ortho workshop along with SACRED Technical Team to discuss therapy interventions and kind of Mobility Aids provide to children with cerebral palsy . Further they discussed about their visit yesterday, look at different types of children with disabilities and kind of therapy interventions, Mobility Aids supplying from SACRED Ortho workshop.

Group 2: Dr.christoph & Deborah visited village to see Mr .Shabir spinal bafida, Mother explained suffering from long time with pressure sores, condition of upper & lower limbs and joints developed contractures since long time. They discussed with mother how can we help regarding the treatment of Shabir, providing ventilation ,changing positions and using wheelchair taking him outside. Deborah explained treatment how to clean wound & how to lift Shabir with the help of other person. Mother does not know this kind of techniques, Shabir required waterbed, maintenance of cleanliness as well as he can move outside with wheelchair.

Afternoon they visited Area Hospital, Dhone to meet Dr.Haneef, superintendent discussed health issues of spinal cord injury persons, doctor told us to bring those people to the hospital for treatment. Mrs .Ramanjinamma is insecured to move to hospital from home. However they explained how to maintain cleaning of wounds and applying of ointment at home by carer.

11th October:

Group 1: Sandra & Adhi, Technical team planned for children and how & what kind of Aids and Appliances required, learning techniques between Sandra and

SACRED team, they were taken how to prepare pop moulds by watching pressure points for 2 children planned at new ortho workshop.

Group 2: Dr.christoph, Deborah & Patrizia planned to organise training for all SACRED Staff at Peapully SACRED office. For 1st Team SACRED Staff , Patrizia, Maruthi & Dr.christoph observing various children and demonstrating what kind of therapy interventions required. Patrizia demonstrated some therapy techniques for thigh muscles as well as calf muscles, knee joints which will help to prevent contracture particularly children with cerebral palsy. For 2nd Team of staff Deborah explained about spinal injuries and four layers of skin how to provide treatment details, changing positions by providing ventilation, She explained the details through PowerPoint presentation to SACRED Staff.

12th October:

Group 1 & 2: Dr.Christoph and Team organised review meeting in Kurnool. The SACRED Staff shared the details of 4 days home based visit and its details of persons and the impact of providing therapy and treatment. Similarly, Dr. Christoph Team explained learning techniques from SACRED Staff, altogether we had good lunch in Kurnool. Afterwards Switzerland Team visited Rock Stone Garden Field near Vorvakullu and Konda reddy Port built in remembrance of independence in the Kurnool town. They impressed and relaxed by visiting these two places on Sunday.

13th October:

SACRED Technical Team, Dr.christoph, Sandra & Patrizia continued at Ortho workshop explaining various types of therapy interventions to SACRED Staff through demonstrating with children particularly, Sandra explains the technique how to make short calliper by showing measurement in the workshop and follow the child issues.

Deborah & Padma has purchased required material for preparing Neem Oil . Deborah explained step by step process of preparing neem oil and how to apply neem oil for wounds and reduce pressure sore. She demonstrated how to prepare clean cloths locally for cleaning of wounds particularly keep boiled water and cloths pieces.

14th October:

Group 1: Dr.christoph & Patrizia visited Bavitha centre in Veludurthi. He observed various children's with disabilities, learning therapy interventions,

aids and appliances provided by the government. He also observed children's teaching by teacher in the class room.

Dr.christoph, Sandra & Patrizia stayed at ortho workshop and observed the children with types of contractures deformities. They explained different therapy interventions and demonstrate to the Parents and Staff. Sandra and Technician taken measurements for 2 children to make a short calliper as per the child requirement.

Afternoon Dr.christoph & Patrizia by collecting different kind of disabled children presented PPT presentation to SACRED Staff on **Postural Management** explaining the adaptations to the child needs, how to prevent deformities etc. The Staff given feedback, it is a new kind of topic and the importance of postural management, practical preparations required. The SACRED Staff understood clearly learning through pictures.

Group 2: Deborah, Shiva and Padma followed the village to meet Mr Shabbir and Mrs.Ramanjinamma. Swiss Team provided water bed, catheter, urine bag ointment and protein powder. Deborah explained how to prepare neem oil & prepare clean cloth with the local material. she demonstrated in detailed regarding cleaning of wounds, treatment measure for wound by applying neem oil and ointment. They understood and expressed thanks to the team again she informed to SACRED Staff to follow with close supervision the treatment measures by the career of Mrs.Ramanjinamma and Shabbir mother expressed heartfelt thanks to Switzerland Team and SACRED Team.

Same day Mr Sharif spinal cord injury came to hospital, he provided treatment by the health team at Government Hospital, Dhone, he may provided waterbed later.

15th October:

Group 1: Sandra & SACRED Technical Team continued sharing techniques and skills in manufacturing Aids and Appliances at the ortho workshop.

Group 2: Dr.christoph & Patrizia visited Krishnagiri parents and children's assessment camp as learning process. 13 children and parents presented with various types of disabilities such as CP, speech and hearing, mental retardation etc. Many children's suffering with urination (incontinence) all the time. This is one of difficult area to manage by the parents. The parents asked to

Dr.Christophe and Patrizia about the children issues and their management. They were informed new therapy interventions to the parents. They are noted in their case sheets.

We followed to meet the leaders of Krishnagiri mandal, discussed the management of SHG's and Mandal Level Federations. The leaders requested finance support for their office building construction in Krishnagiri. Mr. Thippanna and Dr.Christoph informed them to watch & see the need of such kind of office and the purpose of building.

Group 3: Deborah & Team visited Mr.Shabir family to monitor the wounds and inform to mother to maintain the cleanliness and apply ointment every day.

Feedback session:

SACRED team explained about the 10 days visit by Switzerland Team to SACRED project area. Main purpose of learning and exchanging various techniques treatments and its importance. The SACRED Staff expressed gained different skills and knowledge from Dr. Christoph & Deborah, Patrizia & Sandra. Overall, they impressed 10 days visit very inspiring, highly knowledgeable in practical learnings provided by Switzerland team.

On behalf of SACRED Staff expressed, this visit highly potential and appropriate technical skills, different therapy interventions improved ability in the areas of managing by Staff in order to train the parents in villages.

At the end SACRED team honoured with garlands and small gift provided to 4 visitors. This visit was more on learning and exchanging ideas for SACRED Staff and Parents . we are grateful for organising this kind of visit by Dr.Christoph & Team from the Switzerland.

Photo Gallery









